



## Mankar College

Mankar, Burdwan - 713144  
West Bengal

NAAC Accredited at 'B+'

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Ref. No.....

Date: .....

### 3.4.3 Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., during 2017-2022

| Name of the activity                                                                                         | Organising unit/ agency                                        | Name of the scheme            | Year of the activity |
|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|-------------------------------|----------------------|
| Observation of National Forest Week by planting watering, manuring and nurturing trees at the college campus | NSS units                                                      | NSS Regular Activity          | 2017-18              |
| Tree Plantation in our college campus                                                                        | NCC Unit                                                       | Tree Plantation Drive         | 2017-18              |
| Nukad Natak on Swachh Bharat Abhiyan and Rally for Awareness at Mankar Hattala More.                         | NCC Unit                                                       | Swachhta Pakhwada             | 2017-18              |
| Seminar on "Role of Nutrition in Healthy Lifestyle Management"                                               | NSS units                                                      | Nutrition Awareness Programme | 2017-18              |
| Health and Nutrition awareness campaigning at village Panchamahuli                                           | NSS units                                                      | Observation of Nutrition Week | 2017-18              |
| Poster competition on environmental awareness and display of awareness poster                                | NSS units                                                      | NSS Regular Activity          | 2017-18              |
| Free health check up camp at college campus                                                                  | NSS in collaboration with Gouridevi Medical College & Hospital | NSS Regular Activity          | 2017-18              |
| Sanitation awareness campaigning at Village Panchamahuli                                                     | NSSUnits                                                       | NSS Regular Activity          | 2017-18              |
| Awareness Rally on AIDS in Mankar Village                                                                    | NCC Unit                                                       | World AIDS Day                | 2017-18              |
| Blood Donation Camp at college campus                                                                        | NSS & NCC units in                                             | NSS Special Camp Activity     | 2018-19              |

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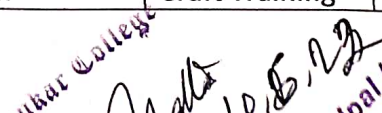
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|                                                                                                                                | collaboration with Rasmi Blood Bank, a branch of Sahid Shiv Sankar Seba Samity, Burdwan |                                    |         |
| Household survey in Panchamahuli village focusing health, education, environment and employment                                | NSS Units                                                                               | NSS Special Camp Activity          | 2018-19 |
| Seminar on "HIV-AIDS awareness"                                                                                                | NSS Units                                                                               | NSS Special Camp Activity          | 2018-19 |
| Free Health Check up Camp in Panchamahuli village                                                                              | NSS in collaboration with "Mangalam" welfare Society, Mankar                            | NSS Special Camp Activity          | 2018-19 |
| Cleaning and awareness programme at college campus                                                                             | NSS Units                                                                               | NSS Special Camp Activity          | 2018-19 |
| Art & Craft(Fabric) Training (12 classes course) for the College students                                                      | NSS in collaboration with Pedilite Industries Limited                                   | Craft Training and workshop        | 2018-19 |
| Awareness rally with various placards and posters about the Earth in Mankar.                                                   | NCC Unit                                                                                | World Earth Day                    | 2018-19 |
| Awareness rally with various placards and posters about Tobacco Consumption and awareness through mass mobilization in Mankar. | NCC Unit                                                                                | Anti Tobacco Day                   | 2018-19 |
| International Yoga Day observation                                                                                             | NSS in collaboration with NCC, Mankar College & Patanjali Yoga Centre, Durgapur         | Yoga- The source of Inner Strength | 2018-19 |
| Observation of National Forest Week by planting watering, manuring and nurturing trees at the college campus                   | NSS Units                                                                               | NSS Regular Activity               | 2018-19 |
| Sapling Plantation in the college premises                                                                                     | NCC                                                                                     | Tree Plantation Drive              | 2018-19 |
| Cleaning of statue in Mankar Hattala, Mankar Hattala Busstand, awareness through mass mobilization and Cleaning own institute  | NCC                                                                                     | Swachhta Pakhwada                  | 2018-19 |
| Swachhta Pakhwara programme including oath                                                                                     | NSS Units                                                                               | Swachhta                           | 2018-19 |

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| taking, college campus cleaning, cleaning and awareness programme at adopted village, seminar and swachhata rally                     |                                                                                                               | Pakhwada                           |         |
| Distribution of certificate among participants attending workshop of Art & Craft (Fabric) Training                                    | NSS Units                                                                                                     | NSS Regular Activity               | 2018-19 |
| Exhibition by the trained participants of Art & Craft workshop                                                                        | NSS Units                                                                                                     | NSS Regular Activity               | 2018-19 |
| Swacchta Hi Seva Programme- Cleanliness is Godliness                                                                                  | NSS Units                                                                                                     | Swacchta Hi Seva                   | 2018-19 |
| Seminar on "Awareness Campaigning Regarding Vector Borne Disease and its Control Measures"                                            | NSS Units                                                                                                     | NSS Regular Activity               | 2018-19 |
| Seminar on Blood Donation Motivation                                                                                                  | NSS Units                                                                                                     | NSS Regular Activity               | 2018-19 |
| AIDS Awareness Rally in Mankar Village                                                                                                | NSS Units & NCC                                                                                               | AIDS Awareness                     | 2018-19 |
| Art & Craft(Fabric) Training (12 classes course) for the College students                                                             | NSS in collaboration with Pedilite Industries Limited                                                         | Craft Training and workshop        | 2019-20 |
| Free Health Check up Camp in Panchamahuli village                                                                                     | NSS in collaboration with Mankar Mangalam Welfare Society                                                     | NSS Special Camp Activity          | 2019-20 |
| Cleaning and awareness Programme at adopted village                                                                                   | NSS Units                                                                                                     | NSS Special Camp Activity          | 2019-20 |
| Blood Donation Camp in Mankar College Campus                                                                                          | NSS in collaboration with Sahid Shiv Shankar Seva Samity, & Roshni Blood bank , Burdwan & NCC, Mankar College | NSS Special Camp Activity          | 2019-20 |
| Seminar on "Cancer and Related Awareness"                                                                                             | NSS Units                                                                                                     | NSS Special Camp Activity          | 2019-20 |
| Awareness rally with various placards and posters about the Earth in Mankar Village.                                                  | NCC Unit                                                                                                      | World Earth Day                    | 2019-20 |
| Awareness rally with various placards and posters about Tobacco Consumption and awareness through mass mobilization in Mankar Village | NCC Unit                                                                                                      | Anti Tobacco Day                   | 2019-20 |
| International Yoga Day                                                                                                                | NSS Units & NCC in collaboration                                                                              | Yoga- The source of Inner Strength | 2019-20 |

*Principal/Secretary*

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|                                                                                                                                                                     | with Patanjali Yog Society                                                             |                               |         |
| Observation of National Forest Week by planting watering, manuring and nurturing trees at the college campus and at primary school campus of adopted village        | NSS Units                                                                              | NSS Regular Activity          | 2019-20 |
| Cleaning of statue, Mankar Hospital, awareness through mass mobilization and cleaning own institute                                                                 | NCC                                                                                    | Mega Swachhta Pakhwada        | 2019-20 |
| Observation of Swachhta Pakhwara including college Campus cleaning, cleaning of primary school campus at adopted village, awareness programme for plastic pollution | NSS Units                                                                              | Swachha Bharat Aviyan         | 2019-20 |
| Seminar on Awareness of Vector Borne Diseases                                                                                                                       | NSS Units                                                                              | NSS Regular Activity          | 2019-20 |
| Nutrition Camp for the students of Panchamahuli Primary School                                                                                                      | NSS in Collaboration with Nutrition Department, Mankar College                         | Observation of "Poshan Month" | 2019-20 |
| Thalassemia Screening Camp in Collaboration with Burdwan Medical College & Hospital                                                                                 | NSS in Collaboration with NCC, Mankar College and Burdwan Medical College and Hospital | Red Ribbon Club Activity      | 2019-20 |
| Free Health Check up Camp in Panchamahuli village                                                                                                                   | NSS in collaboration with Mankar Mangalam Welfare Society                              | NSS Regular Activity          | 2019-20 |
| Observation of birth anniversary of Sardar Ballavbhai Patel as Rastriyo Ekta Divas                                                                                  | NSS Units                                                                              | Rastriyo Ekta Divas           | 2019-20 |
| Awareness programme and Rally on AIDS in Mankar College in collaboration with NCC, Mankar College                                                                   | NSS in Collaboration with NCC, Mankar College                                          | AIDS Awareness Programme      | 2019-20 |
| Seminar on "Awareness of HIV & AIDS"                                                                                                                                | NSS Units in collaboration with District AIDS Prevention & Control, Purba Bardhaman    | AIDS Awareness Programme      | 2019-20 |
| Art & Craft(Fabric) Training (12 classes course)                                                                                                                    | NSS in                                                                                 | Craft Training                | 2020-21 |

  
 Head / Secretary  
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| for the College students                                                                 | collaboration with Pedilite Industries Limited        | and workshop                       |         |
| NSS Day Observation                                                                      | NSS Units                                             | Observation of NSS Day,2020        | 2020-21 |
| Preparation of Awareness video about COVID 19                                            | NSS Units & NCC                                       | Covid Awareness scheme             | 2021-22 |
| Preparation of Information Bulletin regarding COVID awareness                            | NSS Units & NCC                                       | Covid Awareness scheme             | 2021-22 |
| Observation of International Yoga Day                                                    | NSS Units and NCC                                     | Yoga- The Source of Inner Strength | 2021-22 |
| Webinar on " Finding Hope in Crisis of Covid 19 Pandemic"                                | NSS Units in Collaboration with IQAC, Mankar college  | Covid Awareness scheme             | 2021-22 |
| Art & Craft(Fabric) Training (12 classes course) for the College students on online mode | NSS in collaboration with Pedilite Industries Limited | Craft Training and workshop        | 2021-22 |

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